



**FREMANTLE TO EXMOUTH
RACE & RALLY 2023**

**WEDNESDAY
14 SEPTEMBER
2022**

**EXMOUTH
LAUNCH EVENT**

**FROM 7:30PM
WARDROOM**



Commodore – Phil Hearse

WELCOME

- Acknowledgement to the country
 - Thanks to Exmouth Sponsors





Introduction

Rear Commodore Sail - Steve Parkinson



7 months to go

Start Day

6th May 2023



<https://fsc.com.au/exmouth2023/>



2. Getting to the start line

Bill Henson





RACE & RALLY COMMON FEATURES

BILL HENSON

- THE CHALLENGE OF ~700 NM AT SEA
- SIMILAR SAFETY REQUIREMENTS
- THE OPPORTUNITY TO CRUISE THE NORTH WEST
- BUILDING LIFELONG FRIENDSHIPS THROUGH A SHARED EXPERIENCE
- A BIG PARTY IN EXMOUTH!



RACE & RALLY GENERAL

RACE

- NOR
- Racing rules apply
- Category 2 safety
- Sat phone
- Autopilot OK
- Stability – Cat 2

RALLY

- NORally
- Collision regulations apply
- Category 2 safety
- Sat phone
- Motoring and autopilot OK
- Stability – Cat 2 + Alt



MEETING THE NOTICE OF RACE OR RALLY REQUIREMENTS

- 80% of the work is getting to the start line!
- Study the relevant notice, ask questions, build understanding
- Produce a 'gap analysis'
- Prioritise how the gaps will be filled
- Use the resources around you:
 - Fellow participants
 - Mentor
 - Exmouth committee
 - Sailing office
- Delegate actions to crew!



Steps to the Start Line

SUGGESTED SEQUENCE FOR PREPARATION

STABILITY

EXPERIENCE

TRAINING

EQUIPMENT



STABILITY

RACE

- ISO 12217-2 Design Category A, or
- ORCi stability index of **110** or greater
- Inclining test not required (if above ok)

RALLY

- ISO 12217-2 Design Category A, or
- ORCi stability index of **110** or greater
- SSSN (seaworthiness and stability screening number) of 28 min is an acceptable alternative
 - Basic boat data required
 - Calculated by RORC
 - Cost ~ \$150/boat for Bali



INSURANCE

- 3rd party insurance required for race & rally
- Owners decision on hull & rig insurance
- Many insurance companies require a rig inspection, possibly a hull inspection report
- Some insurance companies have special requirements North of 26 degrees
 - Higher premiums, higher excess, reduced coverage etc
- If a rig inspection is required, suggest book ASAP



Steps to the Start Line

EXPERIENCE



EXPERIENCE

RACE & RALLY FULLY CREWED (4 OR MORE)

- 50% or greater of the crew must have completed a Category 2 race or an equivalent passage
- Complete a qualifying passage \geq 150 nautical miles not more than nine months before, with skipper + 50% of the crew on board.
- Opportunities to build experience
 - WA offshore races – Bunbury, Cape Naturaliste
 - Deliveries
- Recommended – build night sailing experience

RACE & RALLY DOUBLE/THREE HANDED

- Double Handed/Three Handed to have additional, extensive experience in addition to that of Fully Crewed. (Three Handed third crewmember may be less experienced)
- It is recommended that crews:
 - be capable of operating the boat's radios and sat phone
 - be capable of using a GPS and plotting positions on a chart
 - have a sea sickness remedy that is effective for them



EXPERIENCE

- Recommend fully crewed for Rally boats
- More crew means:
 - More sleep
 - More experience
 - Teams make better decisions than individuals – if time permits
- Rally boats that wish to go double or three handed must meet the same standards as the double handed race boats ie appropriately prepared

Steps to the Start Line

TRAINING





TRAINING

RACE & RALLY

- 30% or greater to have completed SSSC course, 100% recommended
 - FSC now approved to run SSSC
 - Consider whole of boat course
- One or more crew to have senior first aid or equivalent (or be a medical practitioner)
- 2 or more crew to have radio qualifications
- Let the sailing office know your training needs
 - Training courses take time to organise



Steps to the Start Line

EQUIPMENT



EQUIPMENT

- Extensive list of equipment required
 - Borrow
 - Buy second hand (e.g. Storm sails)
 - Hire (e.g. PLB's, personal AIS, satellite communications, life rafts)
 - Buy (e.g. AIS transponder) – allow time for installation & testing

- Use the equipment audit checklist to self assess
- 3rd reef is an alternative to a trysail (50% of luff)
- There are several options for the storm jib

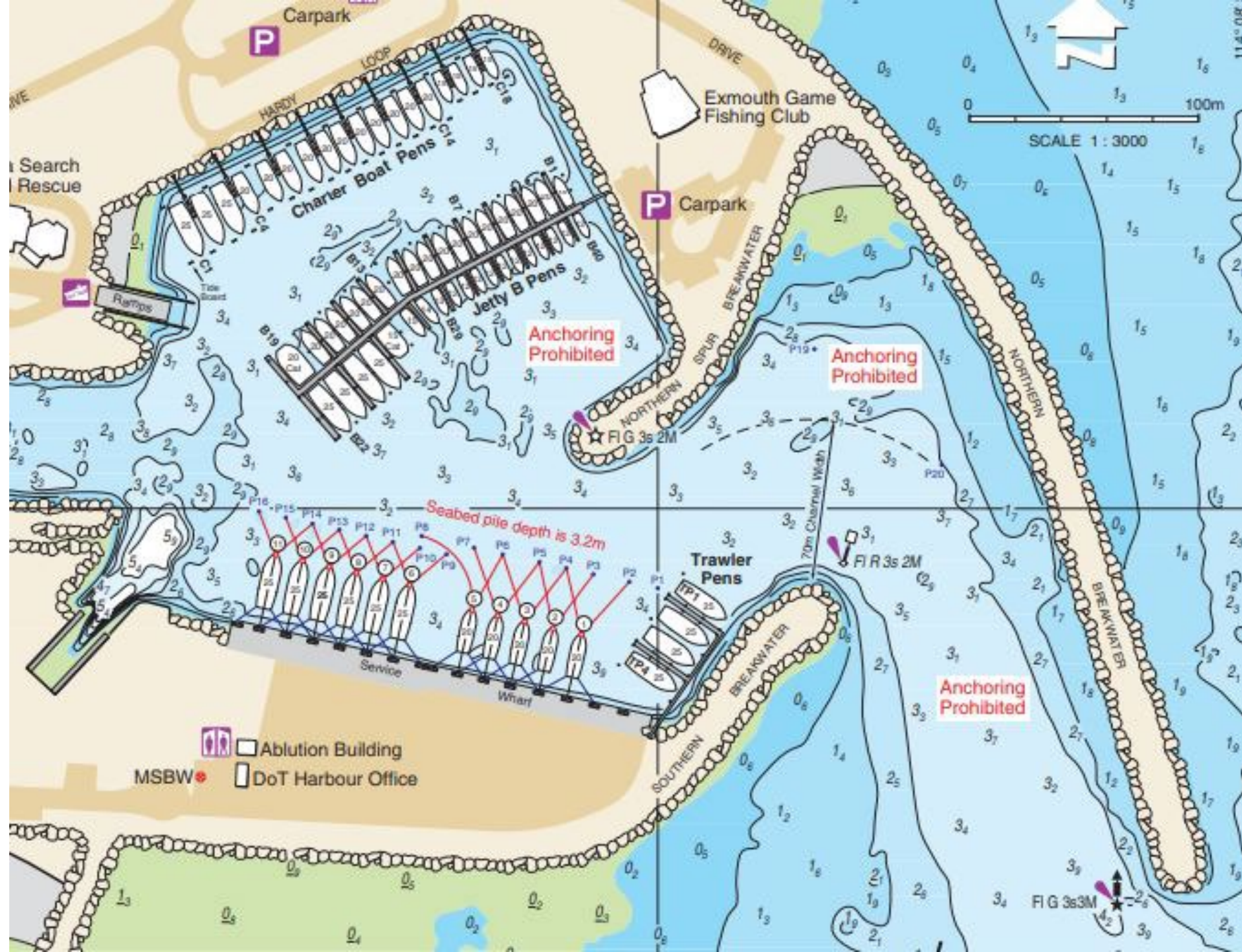


Steps to the Start Line

CONCLUSIONS

- 80% of the challenge is getting the skipper, crew and boat to the start line
- There are resources to help
 - Fellow participants
 - A mentor for each boat
 - Exmouth committee
 - On water office
 - Equipment auditors
- Plan now to avoid a squeeze on limited resources (e.g. rigging, electronics)

Back-up





3. Overview of safety and race requirements

Cameron Berg



4. Exmouth Marina DoT requirements & information

- Nominate for Race or Rally entry via the FSC Exmouth page site
<https://fsc.com.au/exmouth2023/>
- DOT recommend all entrants submit one pen application for their expected arrival though to the week ending Monday 15th
Reference on application to have - Exmouth Race and Rally entrant.
- This is the window DOT have allowed for event.
- Any entrants wishing to stay longer should submit a second pen application for the period they require.
- DOT have an editable PDF application form which can be found on their site link
<https://www.transport.wa.gov.au/imarine/ml-exmouth.asp>
Information will be shared on the FSC Exmouth Race and Rally Noticeboards



5. Exmouth Events

Robbie Hayes Hearse

Thursday 11th May – Get together evening function. Venue TBA

Friday 12th May – Ningaloo Reef and Whale Shark Experience (bookings directly with company)

Saturday 13th May – Open Day on Marina for locals to visit Yachts

Saturday 13th May – Exmouth Event Presentation Venue TBA

Exmouth Escape Cruise – Commences Monday 15th May, returns Exmouth the following Sunday



5. Exmouth Escape' cruise

Robbie Hayes Hearse

Commencing Monday May 15 2023

- The Cruise will run for 7 days, leaving from and finishing back in Exmouth on Sunday 23 May 2023. Cruise Leaders will be Commodore Phil Hearse and RC Sail Steve Parkinson.
- Destinations suggested at the moment include the Muirons, Serrurier, Mackerals and Onslow. Input on other suggested island destinations within the circle will be greatly appreciated.
- We are aiming to have a “dinner” at the Mackeral Islands or alternatively Onslow on the Thursday night, and the itinerary will be flexible around the destinations, depending on the prevailing weather conditions.
- We anticipate sailing in Company, sunset drinks, a progressive lunch afloat, beach BBQ around a bonfire, fishing, diving and need I say it, the enjoyment of a good wine.
- Please sign up and indicate your interest so we can start locking in details. Details will be on the website soon.



5. Exmouth Escape' cruise Robbie Hayes Hearse





6. Closing – Save the dates

14
Sep Exmouth Launch Event
7:30 pm-11:00 pm - FSC Wardroom

1
Dec Exmouth Update & Info Night
7:30 pm-10:00 pm - FSC Wardroom

23
Feb Exmouth Meet The Entrants
Drinks
7:30 pm-10:00 pm - FSC Wardroom

13
Apr Exmouth Final Info Night &
Safety Update
7:30 pm-10:00 pm - FSC Wardroom

4
May Exmouth Race & Rally Briefings
7:00 pm-10:00 pm - FSC Wardroom

6
May Exmouth BBQ Breakfast
6:30 am-10:00 am - Sunset Deck

6
May Fremantle To Exmouth 2023
12:00 pm-5:00 pm - Fremantle Sailing
Club
